



Sports Injuries of the Ankle and Foot

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Book Condition: New. Publisher/Verlag: Springer, Berlin | As more internists and family physicians increase their scope to include sports medicine, this book reaches beyond the orthopaedic surgery market to provide a one-source reference for the treatment of both simple and complex sports-related injuries. For ease of use, the book is divided into the various anatomical sections: the forefoot, the midfoot, the hindfoot, the ankle, tendon disorders, and orthotics and braces - each enhanced by rehabilitation procedures and algorithms. It enables the physician to formulate a treatment plan and compare the various surgical and non-surgical options for a variety of injuries including: stress and other fractures, ankle instability, ruptures, sprain, ligament injuries, tendonitis, lesions, and neuropathies. The text is supported by copious illustrations, including 100 line drawings, 99 operative photos and a full-colour 4-page insert. | 1 Ankle.- Ligament Injuries.- Ankle Fractures.- Osteochondral Lesions of the Talus.- Posterior Ankle Pain.- Tibiotalar Spurs.- References.- 2 Hindfoot.- Heel Pain.- Tarsal Coalition.- Avulsion Fractures.- References.- 3 Midfoot.- Sprains.- Stress Fractures.- Accessory Navicular.- Plantar Fibromatosis.- References.- 4 Forefoot.- Great Toe.- Lesser Toes and Metatarsals.- References.- 5 Tendon Disorders.- Achilles Tendonitis and Partial Tears.- Peroneal Tendon.- Posterior Tibialis Tendon.- Flexor Hallucis Longus Tendon.- Tibialis Anterior Tendon.-...



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