Craniosacral Therapy for Children: Treatments for Expecting Mothers, Babies, and Children Under Twelve (Hardback)

By Daniel Agustoni

North Atlantic Books,U.S., United States, 2013. Hardback. Book Condition: New. Translation. 234 x 178 mm. Language: English . Brand New Book. Craniosacral Therapy for Children introduces a craniosacral therapy treatment protocol for babies and children up to 12 years of age. A gentle hands-on healing approach, craniosacral therapy releases tensions in the body in order to relieve pain, resolve trauma, and improve physical and emotional health. Author and craniosacral therapist Daniel Agustoni discusses the reasons for treating young children and for beginning treatment during pregnancy. He explains how the stress of birth can cause asymmetries and misalignments in babies bodies that can lead to problems later in life: from suckling problems, abdominal colic, and fragmented sleep patterns to anxiety, hyperactivity, and ADD. Agustoni demonstrates how craniosacral therapy can also offset the effects of stress, trauma, and PTSD that may affect the growing child depending on his or her environment, biology, and temperment. Enhanced with over 120 instructional photos and illustrations, the book s hands-on techniques are presented along with suggestions for interacting with parents, babies, and young children. The book discusses methods of evaluation and treatment following structural, functional, and biodynamic models. Engaging case examples describe the therapeutic results of...

Reviews

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