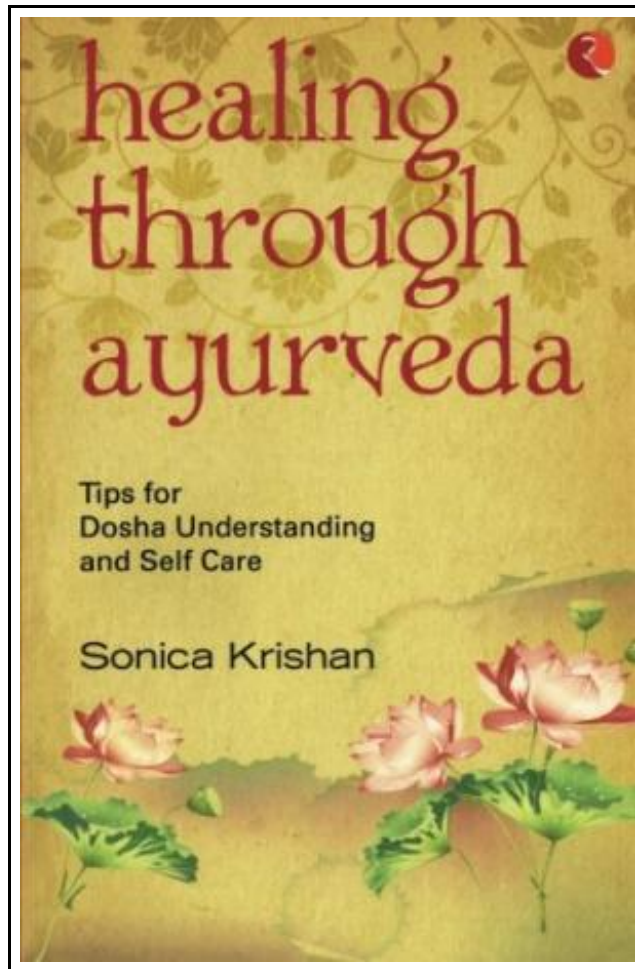


## Healing Through Ayurveda: Tips for Dosha Understanding and Self Care



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(Evie Emmerich)

## HEALING THROUGH AYURVEDA: TIPS FOR DOSHA UNDERSTANDING AND SELF CARE



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